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Original Article

## Cervical Cancer Knowledge and Health System Factors in HPV Vaccine Acceptance Among Fathers in Uasin Gishu County

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**Keywords:**  
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making,  
Adolescent girls.*

**Background:** Human papillomavirus infections are transmitted sexually and can be prevented by giving HPV vaccines to adolescent and pre-adolescent girls before their sexual debut. Kenya launched the HPV vaccination as part of the National Routine Immunization Initiative in October 2019. This has been confronted with several problems, including parental opposition, particularly from men. The main objective is to assess the factors that influence fathers' acceptance of the use of the Human papillomavirus vaccine by their daughters.

**Methods:** A descriptive cross-sectional study design was adopted. The sample size was 375, 153 in Kesses and 222 in Kapseret sub-counties. A total of 9 in-depth interviews and 8 key informant interviews were conducted. The participants were fathers with daughters aged between 10 and 19 years who gave consent. A multi-stage sampling was adopted. Data collection was done using interviewer-administered questions and key informant interviews. SPSS version 27 was used for data analysis. Descriptive statistics, inferential statistics, and logistic regression analysis were done, and the significance was 95% with a p-value of 0.05. The qualitative data were recorded and transcribed, and key themes were identified. **Results:** Factors significantly associated with acceptance at bivariate level were the knowledge of the HPV vaccine ( $p<0.001$ ), knowledge of cervical cancer ( $p<0.001$ ), recommendations from HCWs ( $p=0.045$ ), Government Policy ( $p=0.024$ ) and HPV vaccine availability ( $p=0.002$ ). Knowledge of HPV transmission, risk factors, prevention of cervical cancer and persons at risk of infection was very low. **Conclusion and recommendations:** HPV vaccine acceptance among fathers of adolescent daughters is still very low. Public health awareness on the HPV vaccine should focus more on fathers as the key primary decision makers.

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## INTRODUCTION

Every year in the United States, approximately 13,000 women are newly diagnosed with cervical cancer, and about 4,000 women die from it. Hispanic women have the highest incidence of cervical cancer, while Black women experience the highest mortality rates (CDC, 2019)

East Africa records the highest burden of cervical cancer globally, with an estimated 52,633 new diagnoses and 37,017 deaths (Deo et al., 2022). HPV types 16 and 18 are the most dangerous, with type 16 being the most prevalent in East Africa, followed by types 18 and 52 (Bruni et al., 2019).

In Kenya, both cervical cancer cases and related deaths continue to increase. The disease represents 19.6% of all cancers affecting women in the country. Data from the NCI show that stage 3 cervical cancer makes up 31% of all reported cases. Uasin Gishu County ranks among the top 20 counties with the highest number of cervical cancer incidences (National Cancer Institute of Kenya [NCIK], 2022)

Men's awareness of cancer of the cervix and its risk factors significantly improves the health-seeking behaviours of their partners (Adewumi et al., 2019). Kim et al. (2018) stated that men did not accurately

comprehend the causes of cervical cancer. They did not know prevention practices for the disease, and generally had no interest in the disease. The same research study found that men's situational awareness influenced performance and decision-making. Those who stayed at the situational perception level did not take any action concerning cervical cancer prevention. Wong (2009) indicated that men were not aware of HPV and its relation to cervical cancer; when males were given information on HPV and its relation to cervical cancer, most of them supported the use of the vaccination to protect their wives and daughters from cervical cancer. Research done by Lin et al. (2022) among fathers of primary school children found that regarding HPV and HPV vaccines, 49.7% had a higher level of knowledge, while 50.3% had a lower level of knowledge.

Binka et al. (2019) observed that men had no information on the causes, risk factors, and symptoms of cervical cancer. He noted that those who had some information had obtained it from the healthcare providers following the diagnosis of their partners. Furthermore, the information was only about the nature of the disease. Men without a proper understanding of the disease will be hesitant to support their partners, which may cause

separation or divorce (Binka et al., 2019). The study's results are consistent with those done in Nigeria, where Men have inadequate knowledge regarding cervical cancer. Most men had never heard of cervical cancer and had no information on its causes and risk factors (Okedo-Alex et al., 2020). Men's ignorance of cancer of the cervix may prevent women from seeking treatment (Story et al., 2016).

In Uganda, Moses et al. (2018) showed that the men had insufficient information on cancer of the cervix and Human Papillomavirus, which aligns with the studies done in Ghana (Binka et al., 2019) and Nigeria (Okedo-Alex et al., 2020). Moses et al. (2018) also suggested that females acknowledged that male engagement was critical to the success of any cancer of the cervix prevention strategies. Men were ready to help their partners with reproductive health issues, but there is still confusion about disease transmission and treatment (Moses et al., 2018).

A study carried out in Kendu Bay, Kenya, by Adewumi et al. (2019) pointed out that men did not support their spouses in undertaking screening due to insufficient knowledge of cervical cancer. According to Rosser et al. (2014), Men wanted to know more about cervical cancer and how it relates to them. Adewumi et al. (2019) found that the scarcity of information about male partners' cancer of the cervix prevention may have had a detrimental impact on service uptake, particularly for women seeking permission/financial assistance to attend screening and treatment. According to Kolek et al. (2022), males, on average, showed less awareness than females. Two studies done in America (Fu et al., 2017; Nan et al., 2018) indicated that confidence in information about health from government organisations is a strong predictor of vaccine adoption and perceived vaccine efficacy. A study done in Brazil (Mendes Lobão et al., 2018) found that trust in vaccines and the National Immunisation Programs were significantly correlated to parental acceptance. Lee Mortensen et al. (2015) found that parents in nations with active immunisation

structures were more likely to believe in the value of NIPs. Still, those in nations with policies require more information from healthcare professionals and public health authorities. In a study done among Latino fathers by Ana Cristina Lindsay et al. (2020), they stated that they would support HPV for their children receiving the vaccine if their child's primary healthcare professional advised it. According to a study by Lindsay et al. (2021), nearly all of the fathers who participated in the survey indicated their trust in medical professionals and said they agreed with their recommendations for the care of their children, including vaccinations.

Antinyan et al. (2021) concluded that in LMICs, citizens have a low level of trust in formal institutions, especially the healthcare system. Citizens with low trust in formal institutions are more likely to engage in various uncooperative conduct, which can cause significant difficulty in government initiatives (Antinyan et al., 2021). According to Nabirye et al. (2020), in Uganda, low HPV vaccine adoption was linked to inadequate knowledge and educational and communication resources on the HPV vaccine in health institutions, schools and community settings.

### **Recommendation/Advice from Healthcare Practitioners**

Smolarczyk et al. (2022) found that most parents chose to have their children receive the vaccine after a doctor advised it. This is concurrent with a study done among Central American Immigrant parents, where the majority (90%) of those who had unvaccinated children expressed a readiness to vaccinate them against HPV if their doctor advised it (Lindsay et al., 2020).

In Zambia, Kucheba et al. (2020) showed that the HPV vaccine's acceptability was influenced by people's faith, which influenced the HPV vaccine's acceptability among doctors. Their data implied that people accepted the vaccine because it was doctor-approved and safe. The study linked this to individuals' high confidence level in medical

professionals, whom they perceive to be better educated about health issues and feel comfortable entrusting with their well-being. In Morocco, Mouallif et al. (2014) found that 67% of fathers would consent to their daughters getting vaccinated if it was advised by a doctor.

In Lira District, Uganda, Kisaakye et al. (2018) found that adolescents who had been advised by a medical professional to get the HPV vaccine or who were members of the community health team were more likely to get it. This is concurrent with another study by Donahue et al. (2015), which revealed that the influence of a medical professional's advice for HPV vaccination was depicted to be a strong predictor of HPV vaccine initiation.

According to Nabirye et al. (2020), having proper information from a healthcare provider enhanced vaccine uptake significantly and having proper information from a healthcare provider significantly enhanced vaccine uptake. In previous studies, receiving accurate information from a healthcare professional greatly increased vaccine uptake (Marshall et al., 2007). According to Omondi Ongutu and James Machoki M'Imunya (2011), several participants stated that they could not trust doctors with their daughters and did not believe vaccination was necessary.

Working caregivers' vaccination decisions are complicated by the long waiting period, according to the study (Tene-Alima Essoh et al., 2023). Caregivers saw the expense of travelling from their homes to health centres as a key impediment, resulting in delays, missed appointments and even refusal of immunisation (Tene-Alima Essoh et al., 2023). According to Tene-Alima Essoh et al. (2023), the caregivers regarded HCWs' behaviour in the facilities as off-putting. Many were rude, and their attitudes made returning for subsequent vaccine doses difficult.

### Study Objectives

- To assess the role of knowledge of cervical cancer as a contributor to HPV vaccine

acceptance among fathers in Uasin Gishu County

- To determine the role of health system factors in HPV vaccine acceptance among fathers of adolescent daughters.

## METHODS

### Study Design and Period

Community-based cross-sectional survey and qualitative interviews were done in Kesses and Kapseret sub-counties in Uasin Gishu county, Kenya, among fathers with adolescent daughters aged 10 to 19 years from January 2024 to February 2024.

### Sample Size Determination

The sample size for this study was determined using the Cochran formula for estimating proportions at a 95% confidence level. An assumed HPV vaccine acceptance prevalence ( $p$ ) of 50% was used to maximise variability, with a margin of error ( $e$ ) set at 5%. The critical value for a 95% confidence interval ( $Z$ ) was 1.96. Based on these parameters, the calculated minimum sample size was 385 participants.

In practice, 375 fathers were successfully interviewed and included in the analysis, representing a response rate of 97.4%. To ensure proportional representation across the study locations, sample allocation was based on sub-county population sizes. The total population of the study area was 173,951, with Kesses contributing 74,301 residents and Kapseret 99,650 residents. Proportional allocation yielded 153 respondents from Kesses and 222 respondents from Kapseret.

This proportional sampling approach ensured that the sample reflected the distribution of the target population across sub-counties, enhancing the external validity of the findings.

## Sampling Strategy

A multi-stage sampling was adopted to choose the study location and respondents.

Uasin Gishu County was chosen purposively based on the findings of previous studies conducted in the county (Mabeya et al., 2018; Vermandere et al., 2014) that showed low vaccine uptake (39.1%), which was significantly attributed to male (fathers and male guardians) objections (p-value 0.04). Kapseret sub-county, with an urban population, and Kesses sub-county, with a rural population, were purposively selected for their diverse economic status and ethnic groups. Proportional sampling determined the number of fathers to be interviewed in each sub-county.

Rural and urban households were purposively selected to find fathers with daughters aged 10–19. The researcher, with a Community Health promoter, identified eligible households and interviewed one father per household. Eight key informants were selected purposively, and nine fathers were randomly chosen for in-depth interviews using computer-generated sampling from the initial survey.

## Study Variables

The study aimed to assess fathers' acceptance of the HPV vaccine for their adolescent daughters and the socio-demographic factors influencing this. The dependent variable was vaccine acceptance, while the independent variables were fathers' knowledge of cervical cancer and the health system factors.

## Data Collection

Data was collected using interviewer-administered questionnaires, key informant interviews, and in-depth interviews. Three research assistants were trained by the lead investigator on study tools, ethics

and administering questions to prevent bias. Participants were given an information sheet, and those who agreed signed a consent form before the interview.

## Data Analysis

The collected data was cleaned for errors, coded and entered into SPSS version 27.

Key informant and in-depth interviews were recorded, transcribed non-verbally into Word documents and analysed. Codes were merged into sub-themes, then themes, which were verified and reported in the study findings.

## Ethical Consideration

The study was approved by the Amref Ethical and Scientific Review Committee (ESRC) (ref P1554-2023). The research proposal was also approved by NACOSTI and the Uasin Gishu County administration.

Participants were informed that participation was voluntary and provided written consent. Questionnaires were assigned unique codes to ensure anonymity and confidentiality, with no names recorded.

## RESULTS

### HPV Awareness and Knowledge

Slightly more than half of the respondents, n=198 (52.8%), had heard about the Human Papillomavirus. Radio n=223 (66.0%) was the most prevalent source of information on the Human Papillomavirus. As shown in Table 6, most respondents, n=202 (53.9%), had poor knowledge of the Human Papillomavirus. According to the chi-square test, there is no significant association (p=0.266) between fathers' HPV knowledge and HPV vaccine acceptance for their adolescent daughters.

**Table 1: Sources of HPV Information, Vaccination and Cervical Cancer (*Multiple Response*)**

Source of Information	Responses	
	Frequency	%
<b>HPV</b>		
Radio	223	66.0
Television	147	43.5
Neighbours/Friends	84	24.9
Health Officers	41	12.1
Church/Mosque	8	2.4
<b>Cervical Cancer</b>		
Radio	142	59.4
Television	95	39.7
Neighbours/Friends	62	25.9
Health Officers	28	11.7
Church/Mosque	3	1.3
<b>HPV Vaccine</b>		
Radio	127	61.4
Television	80	38.6
Neighbours/Friends	64	30.9
Health Officers	19	9.2
Church/Mosque	3	1.4

**Source:** Researcher 2024

#### **HPV Vaccine Awareness and Knowledge**

Most respondents (63.7%) had heard of the HPV Vaccine. Most respondents (43.2%) had poor knowledge of the Human Papillomavirus vaccine. The chi-square tests showed a significant association,  $p < 0.001$ , between fathers' knowledge of the HPV vaccine and HPV vaccine acceptance for their adolescent daughters – Table 1.

#### **Cervical Cancer Awareness and Knowledge**

Most respondents,  $n=338$  (90.1%), had heard of cervical cancer, and a majority of them (29.6%) learned about it from the radio. Most respondents had poor knowledge of cervical cancer, with  $n=197$  (52.5%) scoring one or zero. The chi-square test indicated a significant association ( $p < 0.001$ ) between fathers' knowledge of cervical cancer and HPV vaccine acceptance for their adolescent daughters – Table 7.

**Table 2: Influence of HPV, Vaccination and Cervical Cancer Knowledge on HPV Acceptance**

Knowledge Scores	Is your daughter vaccinated? (%)		Df	P value
	No	Yes		
<b>HPV</b>				
Poor (n=202)	65.8	34.2	3	.266
Average (n=65)	67.7	32.3		
Good (n=66)	54.5	45.5		
Excellent (n=42)	57.1	42.9		
<b>HPV Vaccine</b>				
Poor (n=162)	75.3	24.7	2	<.001
Average (n=59)	62.7	37.3		
Good (n=153)	50.6	49.4		

Knowledge Scores	Is your daughter vaccinated? (%)		Df	P value
	No	Yes		
<b>Cervical Cancer</b>				
Poor (n=197)	72.1	27.9	2	<.001
Average (n=100)	59.0	41.0		
Good (n=78)	46.2	53.8		

**Source:** Researcher 2024

Additionally, effective communication channels play a pivotal role in disseminating information about the HPV vaccine to fathers in Uasin Gishu County. A Community Health Promoter stated that:

*“It is good to organise training for the community, both women and men, so that they get educated. They can use platforms to brief them, even at a funeral or during a wedding, because getting those people is not easy. We call them, but it is not easy. They all come. If it is at a burial, they will be found, and they will listen at weddings.”*

Seeking information from reliable sources, including healthcare providers and credible educational materials, demonstrates a willingness to engage with preventive healthcare measures. Encouraging and supporting fathers in their information-seeking endeavours fosters a sense of empowerment and responsibility in safeguarding their daughters' health through vaccination. A participant (P4- Kapseret) stated that:

*“It is good when the campaigns come, the fathers are mostly called. It can be beneficial if they are educated and do not ignore it, as they can also discuss it with their children. Children do not ignore it because they can also talk to their fathers and believe in their fathers a lot now. They must help the mothers so that the children can believe what is being said.”*

Fathers' curiosity and proactive information-seeking behaviours are crucial in shaping their attitudes towards the HPV vaccine. A participant (P1- Kesses) stated,

*“I heard from the news, and I also wanted to know more; I followed up on the internet, wanting to know what it does.”*

### Influence of Health System Factors

Most respondents, n=199 (53.1%) and n=199 (53.1%), disagreed that long waiting time at the hospital can influence their vaccination decisions for their daughters. Most respondents (n=315, 84%) agreed that a recommendation from a health practitioner can influence their vaccination decision. More than half of the respondents (n=253, 67.5%) agreed that poor quality of service offered by healthcare workers can influence vaccination decisions for their adolescent daughters. The majority of the respondents, n=244 (65.1%), agreed that service providers' poor attitude can influence their daughters' vaccination decisions. Most participants (n=207, 55.2%) disagreed that expenses in terms of time and travel can influence the vaccination decisions for their adolescent daughters. The majority of the participants, n=324 (86.4%), agreed that recommendations from the government (policy) can influence their vaccination decisions for their adolescent daughters. Most of the respondents, n=255 (68.0%), agreed that the availability of the HPV vaccine in their community can influence their vaccination decisions for their daughters.

From Table 8, the chi-square tests show that there is no significant association between long waiting times at the hospital, poor quality of service (p-0.215), poor attitude of service providers (p-0.637), expense in terms of time and distance (p-0.639), and fathers' acceptance of the HPV vaccine for their adolescent daughters. Conversely, there is a

significant association between recommendations from HCWs (p-0.014), recommendations by government policy (p-0.024, the HPV vaccine being

readily available (p-0.002) and fathers' acceptance of the HPV vaccine for their adolescent daughters.

**Table 3: Relationship between Health System Factors and Vaccination Acceptance**

Health System Factor	Is your daughter vaccinated? (%)		Df	P-Value
	No	Yes		
<b>Long Waiting time</b>			2	.313
Strongly Disagree/ Disagree (n=199)	64.3	35.7		
Neutral (n=39)	71.8	28.2		
Strongly agree/ Agree (n=137)	59.1	40.9		
<b>Recommendation From HCW</b>			2	.014
Strongly Disagree/ Disagree (n=46)	82.6	17.4		
Neutral (n=14)	64.3	35.7		
Strongly agree/ Agree (n=315)	60.3	39.7		
<b>Poor Quality of Service</b>			2	.215
Strongly Disagree/ Disagree(n=93)	58.1	41.9		
Neutral (n=29)	75.9	24.1		
Strongly agree/ Agree (n=253)	63.6	36.4		
<b>Poor attitude of Service Providers</b>			2	.637
Strongly Disagree/ Disagree (n=103)	63.1	36.9		
Neutral(n=28)	71.4	28.6		
Strongly agree/ Agree (n=244)	62.3	37.7		
<b>Expense (time and distance)</b>			2	.639
Strongly Disagree/ Disagree (n=207)	62.8	37.2		
Neutral (n=31)	71.0	29.0		
Strongly agree/ Agree(n=137)	62.0	38.0		
<b>Recommendation by the Government (Policy)</b>			2	.024
Strongly Disagree/ Disagree (n=27)				
Neutral (n=24)	70.4	29.6		
Strongly agree/ Agree (n=324)	87.5	12.5		
	60.8	39.2		
<b>HPV Vaccine Readily available</b>			2	.002
Strongly Disagree/ Disagree (n=72)	73.6	26.4		
Neutral (n=48)	79.2	20.8		
Strongly agree/ Agree (n=255)	57.3	42.7		

Source: Researcher 2024

The accessibility and quality of healthcare services significantly influence fathers' acceptance of the HPV vaccine for their daughters in Uasin Gishu County. Limited healthcare infrastructure, campaigns and resources pose substantial barriers to accessing vaccination services, hindering timely access to vaccination. A participant (P3- Kapseret) stated,

*“It is a long time ago, it was in 2019, up to now there is none, it depleted. To mean that girls who are of age should get the vaccine. Where will you get the vaccine, and no one is giving information?”*

Further, healthcare provider attitudes and practices play a crucial role in shaping fathers' perceptions of vaccination, with negative experiences or lack of provider support impacting vaccine acceptance.

### Model of Factors Influencing Fathers' Acceptance of the HPV Vaccine

Logistic regression was utilised to examine the interactions between the independent and dependent dichotomous variables. All variables found to be significant at the bivariate level were included in the model – see Table 9. The fitness of the model was evaluated using the Chi-square statistic. The Chi-square value was 54.238 with a p-value of <.001. This proves the final model's correlation between the dependent and independent variables. When the Hosmer and Lemeshow test was done, the Chi-square value was 4.980 with 8 degrees of freedom and a p-0.1760, indicating that the test is insignificant; thus, the model is appropriate for the data. Further, the pseudo-R-square measures are Cox and Snell (0.135) and Nagelkerke's (0.184). The model accounts for 13.5% to 18.4% of the variance. The overall classification accuracy is 67.9%.

Further, geographical location (Sub-County) is a significant predictor (p-0.000) of fathers' acceptance of the HPV vaccine for their adolescent daughters. Being from the Kapseret sub-county, the odds of fathers' HPV vaccine acceptance for their adolescent daughters decrease. The odds of acceptance are about 40.8% for fathers in the Kapseret sub-county. Being employed/Self-employed is a significant predictor (p-0.043) of fathers' acceptance of HPV vaccines for their adolescents. Being employed/self-employed increases the odds of fathers' vaccine acceptance by 49.8%. Knowing that HPV vaccines is a significant predictor (p-0.007) of fathers' acceptance of the HPV vaccine for their adolescent daughters. Knowing HPV vaccines increases the odds of fathers' HPV vaccine acceptance for their adolescent daughters by 53.1%. Finally, in the model, none of the Health System Factors were significant predictors of fathers' acceptance of HPV vaccines for their adolescent daughters.

**Table 4: Model of Factors Influencing HPV Vaccine Acceptance among Fathers**

	B	df	(P value)	Exp(B)	Lower	Upper	95% CI for EXP(B)
Sub-County	.895	1	.000	.408	.253	.660	
What do you do for a living?	.916	1	.043	2.498	1.028	6.072	
Cervical Cancer scores	.201	1	.269	1.222	.856	1.746	
HPV vaccine Scores	.426	1	.007	1.531	1.123	2.087	
Recommendation from HCW	.614	1	.076	1.848	.939	3.639	
Recommended by the Government	.638	1	.078	.528	.260	1.075	
The HPV vaccine is readily available	.098	1	.653	1.102	.721	1.686	
Constant	<b>-2.460</b>	<b>1</b>	<b>.033</b>	<b>.085</b>			

**Source:** Researcher 2024

### DISCUSSION

This study found that the majority (n=198, 52.8%) of the respondents had heard about the Human Papillomavirus but were neither aware of how it was transmitted (n=295, 78.7%) nor that HPV infection can cause cancer of the cervix (n=236, 62.9%). This concurs with a study done by Kim et al. (2018), where men did not accurately comprehend the causes of cervical cancer, and also with a study done in Uganda by Moses et al. (2018), which showed that the men had insufficient information on cancer

of the cervix and Human Papillomavirus. The findings also agree with a study in Ethiopia by Mihretie et al. (2022), where parents' knowledge of the HPV vaccine was low.

The study also found that the majority of the participants were aware of cervical cancer and knew that it was preventable through vaccination against HPV. This is in contrast to a study done in Nigeria by Okedo-Alex et al. (2020), which indicated that most men had never heard of cancer of the cervix

and had no information on its causes and risk factors. This difference could be attributed to how HPV vaccine awareness and sensitisation are done in the two countries.

The study found significant associations between knowledge and awareness of HPV, HPV Vaccines ( $p < .001$ ), prevention of Cervical Cancer ( $p < 0.001$ ) and HPV vaccine acceptance among fathers of adolescent daughters. These results are concurrent with those of Adewumi et al. (2019), which indicated that men's awareness of cervical cancer and its risk factors significantly improves the health-seeking behaviours of their partners. These results also agree with a study done by Mihretie et al. (2022) that possessing a good understanding of the vaccine against HPV (AOR = 3.30, 95% CI = 2.21, 4.93) was significantly associated with the readiness to receive the vaccine against HPV. The findings also agree with those of Akinleye et al. (2020) that knowledge of HPV vaccination ( $p < 0.001$ ) was significantly associated with parents' acceptance of the vaccination against HPV for their children. In contrast, a study done by Anyaka et al. (2024) found that there were no significant associations between parental knowledge of HPV, cervical cancer and the HPV vaccine and the acceptance of HPV vaccination for children. This can be due to the high number of respondents, 98.8% in the study in Nigeria, having low knowledge of HPV and cancer of the cervix, but are very willing to accept the vaccine against HPV for their daughters.

### **Role of Health System Factors on HPV Vaccine Acceptance**

The study found that most respondents agree that a recommendation from a health practitioner can influence their vaccination decision. This aligns well with research findings by Smolarczyk et al. (2022), which found that most parents chose to have their children receive the vaccine after a doctor advised it and also a study done by Lindsay et al. (2020), where the majority of the parents with unvaccinated daughters expressed a readiness to

vaccinate them against HPV if their doctor advised it. Similarly, a study by Della Polla et al. (2020) indicated that the most cited reason among the non-vaccinated was that they had no doctor's advice to have their child vaccinated.

The research revealed that most of the participants agree that the poor quality of service offered by the healthcare workers and the poor attitude of service providers can influence their vaccination decision for their adolescent daughters. There were significant associations between poor quality of service offered by the HCWs, poor attitudes of the service providers and acceptance among fathers of the HPV vaccine for their daughters. This coincides with Tene-Alima Essoh et al. (2023), whose findings indicated that the caregivers regarded HCWs' behaviour in the facilities as off-putting. Many were rude, and their attitudes made returning for subsequent vaccine doses difficult.

The study found that most participants disagreed that expenses in terms of time and travel, and long waiting times at the hospital, could influence the vaccination decision for their adolescent daughters. In contrast, a study done by Tene-Alima Essoh et al. (2023) found that the caregivers saw the expense of travelling from their homes to health centres as a key impediment, resulting in delays, missed appointments and even refusal of immunisation and long waiting periods at the hospital complicated vaccination decisions of the working caregivers. Also, a study in Italy by Della Polla et al. (2020) indicated that the top reported reason for non-vaccination was the distance from the immunisation centres and the time the immunisation clinics opened. Also, a study by Adeyanju et al. (2022) found that most respondents stated that travelling long distances to the clinics impacted the uptake of vaccinations. These differences can be attributed to the fact that HPV vaccines in Kenya are mainly administered at schools compared to hospitals, making them more convenient for parents and caregivers. Also, health talks are given in the health centres and hospitals to patients/people in the

queues as they wait to be served, which may enlighten the respondents and encourage acceptance of the HPV vaccine.

According to this research, most respondents concur that recommendations from the government (policy) can influence their vaccination decisions for their adolescent daughters. The study demonstrated that most of the respondents agree that the availability of the HPV vaccine in their community can influence their vaccination decisions for their daughters.

## CONCLUSION

This study demonstrates that although fathers reported high awareness of the HPV vaccine and cervical cancer, their understanding of HPV-related risks, modes of transmission, preventive measures, and vaccination eligibility remains limited. Fathers whose daughters had been vaccinated exhibited higher levels of knowledge regarding both cervical cancer and the HPV vaccine, suggesting that enhanced awareness contributes to more informed vaccination decisions. Fathers' knowledge of HPV vaccines and of cervical cancer was significantly associated with their acceptance of HPV vaccination for their adolescent daughters, whereas general knowledge of Human Papillomavirus (HPV) alone did not influence vaccine acceptance.

In addition, several health system factors were found to influence fathers' vaccination decisions. Recommendations from healthcare workers, government policy and the ready availability of the HPV vaccine were significantly associated with fathers' acceptance of HPV vaccination for their daughters, highlighting the critical role of system-level support. Conversely, poor quality of service, negative attitudes of service providers, long waiting times and travel-related costs, including distance and time, were not significantly associated with vaccine acceptance.

Overall, these findings underscore the importance of strengthening both disease-specific and vaccine-specific knowledge among fathers and ensuring

supportive health system conditions, including proactive healthcare worker guidance, clear government policy, and vaccine availability, to enhance HPV vaccine uptake among adolescent girls.

## Recommendations

- **Enhance fathers' disease-specific and vaccine-specific knowledge:** Health education campaigns should focus on improving fathers' understanding of cervical cancer, HPV-related risks, modes of transmission, preventive measures, and vaccine eligibility to support informed vaccination decisions.
- **Leverage healthcare worker recommendations:** Healthcare providers should actively counsel and recommend HPV vaccination to fathers, as their guidance significantly influences vaccine acceptance.
- **Strengthen government policy and communication:** Clear, consistent government policies and public awareness initiatives regarding HPV vaccination should be promoted to encourage parental support for adolescent vaccination programs.
- **Ensure vaccine availability:** Efforts should be made to maintain ready access to HPV vaccines in health facilities to facilitate uptake and reduce barriers to vaccination.
- **Targeted interventions over general HPV awareness:** Since general knowledge of HPV alone did not influence vaccine acceptance, educational programs should prioritise disease-specific and vaccine-specific information rather than broad HPV awareness campaigns.

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