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Original Article

The Mechanical and Binding Potentials of Fresh Cow Dung (FCD) for Gravel Roads Construction.

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Gravel Roads,
Sustainable.

Among the developing nations, unpaved (gravel and earth) roads form a disproportionately large percentage of the road network when compared to the paved roads. For instance, in Kenya earth roads account for 47% of the road network, while the gravel roads account for about 38%. The most significant problem associated with gravel and earth roads is dust emission, which contributes to the deterioration of the road surface. In addition, the dust causes road safety, human health and the environmental quality issues. In order to minimize dust emission dust suppressants are applied annually. Dust suppressants, for example, Magnesium or Calcium Chlorides solutions are expensive and hence not widely used in developing countries like Kenya. In many Kenyan rural homes and in most African countries, fresh cow dung (FCD) is used as dust suppressants in madhouses. Therefore, this study seeks to explore the mechanical and binding potentials of FCD for gravel roads construction as a dust suppressant, improvement of mechanical and resilience properties of lateritic soils for gravel roads construction. The effect of FCD on gravel soils was determined at various percentages (0%, 3%, 6%, 9% and 12%) by weight. The Index properties, compaction properties, plasticity requirements and bearing strengths {Unconfined Compressive Strength (UCS) and California Bearing Ratio (CBR)} were determined. The results show that Maximum Dry Density (MDD) reduced while the Optimum Moisture Content (OMC) increased with the increase in dosages of FCD. The UCS test results were 257 kN/m² (0%), 257 kN/m² (3%), 300 kN/m² (6%), 267 kN/m^2 (9%) and 213 kN/m^2 (12%) while, the CBR test results were 21%, 39%, 54%, 34%, and 24% for 0%, 3%, 6%, 9% and 12%. The research concludes that FCD at 6% by weight can be used for mechanical stabilization of gravel soils for road construction. FCD is cheaper, readily available, sustainable and environmentally friendly. This will go a long way in the economic development of low and middle-income countries.

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INTRODUCTION

Low volume rural road (LVRR) networks in Sub-Saharan Africa (SSA) form up to 80% of a country's total road network and are critical to the socio-economic wellbeing of the rural communities they serve. However, in many countries in SSA, over 98% of LVRRs are made from earth or gravel and are therefore impassable during the rainy season (Ngezahayo et al., 2019).

In Africa most of the rural roads are gravel and earth roads. Good condition of the rural roads are the key to any country's development as this saves in travel time, safety of passengers and delivery of local farm produce to market on time. Rural roads are the key channels to access the primary services like schools, hospitals and other social amenities. Rural roads are also the channels used by the Central Government for the transfer of policies to local governments for the benefit of the local people. However, these roads have their own challenges. According to Ngezahayo et al. (2019), the key challenge for the unpaved roads is lack of funds and the engineering expertise during the construction and maintenance stage (Ngezahayo et al., 2019).

Among the developing nations including Kenya, unpaved (gravel and earth) roads form a disproportionately large percentage of the road network when compared to the paved roads. In

Kenya, earth roads account for about 47% of the road network, the gravel roads have 38% while the surface-dressed and premix asphalt roads are 11% and 4% respectively (KeNHA, 2019). It is important to note that paving of roads is an expensive exercise, though pertinent, that competes for the deficient resources in the usually strained economies resulting in their easy neglect. The prohibitive cost of the binder used in surface dressing, and the preparation of asphalt concrete, as well as the road making process are some of the reasons cited for the high cost of road paving.

Though gravel roads are better than the do-nothing case i.e., earth roads, these roads are not without construction and maintenance when compared to the paved roads. The adverse effects of rains, such as surface erosion, of poorly drained gravel roads compromises driving comfort or at worst; renders the roads impassable. On the other hand, traffic-related activities generate dust and when this is aided by the lifting and transport actions of wind, there is further deterioration of the gravel road surface.

Most of the earth and gravel roads are in rural areas which are agricultural lands. The most significant problem associated with gravel and earth roads is dust emission, which contributes to the deterioration of the road surface hampering movement of people

and goods (mostly agricultural produce). Most agricultural products are perishable e.g., vegetables, milk, peas, tomatoes, eggs, cereals etc. which spoils due to poor transport infrastructure. In addition, the dust causes road safety, human health and the environmental quality issues (Edvardsson, 2010). Dust also destroys the flora along the roads especially during the dry season which leads to low farm produce and the aesthetics of the environment.

In order to minimize dust emission dust suppressants are applied annually (Edvardsson, 2010). Calcium chloride and magnesium chloride are most commonly used for dust control on gravel roads. Affinity for moisture from the atmosphere helps form a crust and hold the road fines into the aggregate surface. The performance of magnesium chloride and calcium chloride are highly sensitive on temperature, relative humidity, rainfall and traffic. However, the use of calcium chloride and magnesium chloride have disadvantages. For instance, calcium chloride is corrosive to vehicles and application equipment and can create a slippery surface when applied leading to reduced skid resistance. Calcium chloride is soluble in water, hence, it is easily washed or leached away reducing its performance in dust control. Solid calcium chloride is exothermic; hence, high precautions are needed during the application. Magnesium chloride and calcium chloride have similar characteristics. Magnesium chloride is more sensitive to weather conditions, requiring temperatures above 20 °C and relative humidity above 32% to be effective hence, not effective in cold regions (GRT, 2016).

As a result, there have been numerous recent technological advancements in stabilization of soils

using the eco-friendly (green) and readily available materials. In many Kenyan rural homes and in most African countries, fresh cow dung (FCD) is used as dust suppressants in madhouses. The FCD is mixed with water to form a paste in some instances an insecticide is added, the paste is evenly smeared on earth surfaces, then it is left to dry. This controls dust and ingress by the rainwater. Therefore, FCD has dust control potentials. Hence, this study seeks to explore the mechanical and binding potentials of FCD for gravel roads construction.

MATERIALS AND METHOD

Sample Collection and Preparation

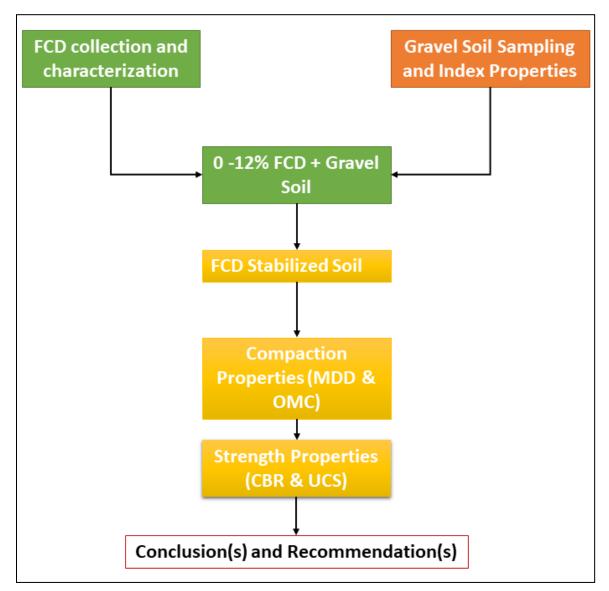
The gravel soil sample used for this investigation was collected from a used borrow pit at Membley (37M 268108.00 m E 9871211.00 mS), Kiambu County at a depth of 1.2 m using the method of disturbed sampling.

The FCD in form of cakes were collected from dairy farm at the University of Nairobi, Upper Kabete Campus (College of Agriculture and Veterinary Sciences - CAVS). The FCD cakes were pounded lightly using mortar and pestle. All the foreign materials i.e., natural vegetable matter and stones were removed through sieving with 10 mm sieve but retained on 5 mm sieve.

Methods of Testing

Figure 1 shows the procedure used in this study. The chemical and physical composition of the prepared FCD was analysed using relevant test methods (*Table 1*). The Index properties of gravel soil sample was also determined in accordance with relevant test methods (*Table 2*).

Figure 1: Methodology Chart



The effect of FCD on gravel soils was determined at various percentages (0%, 3%, 6%, 9% and 12%) by weight. The compaction properties and the plasticity index were determined in accordance with BS 1377-4, 1990 and BS 1377-2, 1990 respectively. Specimens for UCS and CBR tests were prepared at OMC and MDD for soil – FCD. The CBR tests were conducted as specified in (ASTM D 1883-07,

2007), where the compressed samples were soaked for four (4) days before testing at a constant loading.

RESULTS AND DISCUSSIONS

Identification of FCD

The following results for particle size distribution were obtained as shown in *Figure 2* for the FCD sample.

Figure 2: Grading of gravel soil sample

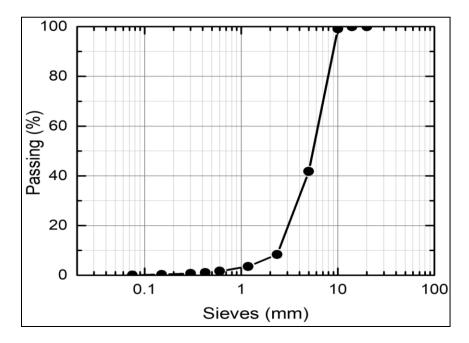


Table 1 indicates the results from the chemical composition for the FCD.

Table 1: Chemical composition of FCD sample

Parameters	Units	Values	Method
pН	-	10.20	1.2.5 (water)
Ec	dS/m	2.5	1.2.5 (water)
Nitrogen	%	1.35	Kjedhal
Organic Carbon	%	18.50	Walkley black
Organic matter	%	31.80	Calculated
Potassium	ppm	3250	Flame photometer
Phosphorous	ppm	720.2	Calorimetric
Sodium	ppm	600	Atomic absorption
Calcium	ppm	2350	Atomic absorption
Magnesium	ppm	938	Atomic absorption
Copper	ppm	90	Atomic absorption
Manganese	ppm	194	Atomic absorption
Zinc	ppm	108	Atomic absorption
Iron	ppm	620	Atomic absorption
Aluminium	ppm	Trace	Atomic absorption
Sulphate - S	ppm	0.20	Atomic absorption
Specific gravity		1.48	- -

Key: pH- Hydrogen potential, Ec- Electro conductivity, ppm- parts per million

Identification of Gravel soil

Table 2 indicates the Index properties of natural soil as tested by various methods. The soil can be

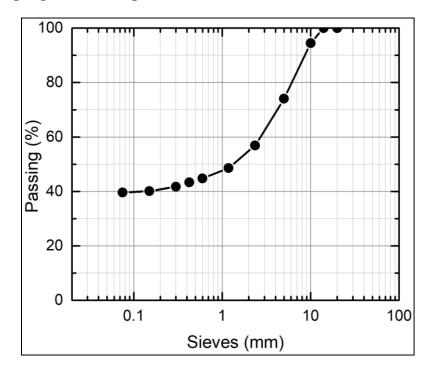
classified as A-2-7 according to AASHTO classification. The following results for particle size distribution were obtained as shown in *Figure 3* for the gravel soil sample. According to gravel wearing course specifications (MoTC, 1987), grading of the

soil sample is categorized as class 2 because percentage passing sieve no. 200 (0.075 mm) is 39.6%. The soil sample is well graded.

Table 2: Index properties of natural soil

Test Description	Results	Method
Soil sample collected from (Name and	Kamiti (37M 268108.00 m	BS 1377-1, 1990
coordinates)	E 9871211.00 mS)	
Sieve analysis:	Figure 2	BS 1377-2, 1990
Natural moisture content (%)	9.2	BS 1377-2, 1990
Percentage passing B.S Sieve No. 200	39.6	BS 1377-2, 1990
Liquid Limit (%)	69	BS 1377-2, 1990
Plastic Limit (%)	35	BS 1377-2, 1990
Plasticity Index (%)	34	BS 1377-2, 1990
Shrinkage Index %	15	BS 1377-2, 1990
Free Swell %	0.18	BS 1377: 1990
Group Index	1.6	BS 1377: 1990
AASHTO Classification	A-2-7	AASHTO
Unified system of classification (USC)	СН	ASTM D2487-11
Maximum Dry Density (kg/m ³)	1666	BS 1377-4, 1990
Optimum Moisture Content %	24.47	BS 1377-4, 1990
Unconfined Compressive Strength (kN/m ²)	207	ASTM D2166
California Bearing Ratio (%)		BS 1377-5: 1990
Unsoaked	99	BS 1377-5: 1990
Soaked	21	BS 1377-5: 1990
Specific Gravity	1.82	BS 1377-2: 1990
Colour	Brown	BS 1377-2: 1990

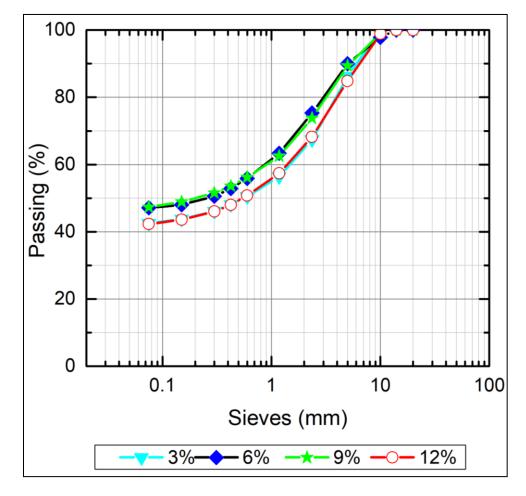
Figure 3: Grading of gravel soil sample



Properties of FCD - Soil mixture

The following results for particle size distribution were obtained as shown in *Figure 4* for the stabilized material at different percentages.

Figure 4: Grading of soil-FCD mixture



The results show that the 3 % & 12% mixtures have similar grading curves, likewise 6% & 9% mixtures. The 3% & 12% grading curves are closer to the natural gravel material grading curve. At 3% FCD is less therefore the grading curve is nearer to the natural gravel grading curve. The 6% & 9% FCD have more fines compared to the rest. This can be attributed to the increase in fines from FCD. At 12% FCD the grading curve is similar to 3%, this can be attributed to coagulating and conglomeration of the excess FCD.

Atterberg Limits

Table 3 indicates the values of the Atterberg limits for various percentages of the stabilized material. From gravel soil sample to 6% stabilized material, the liquid limit and plasticity index increases gradually and decreases with further increase in FCD. This can be attributed to an increase in fine materials which requires more water. From gravel soil sample to 9% stabilized material, the plastic limit and linear shrinkage increases gradually and decreases with further increase in FCD. This can

also be attributed to an increase in fine materials which also requires more water.

Table 3: Atterberg Limits

Stabilized material	Liquid limit	Plastic limit	Plasticity Index	Linear shrinkage
3% FCD	71	37	34	17
6% FCD	73	37	36	17
9% FCD	70	41	29	14
12% FCD	67	39	28	13

Effects of FCD on Gravel Soil Compaction

Table 4 shows the OMC and MDD results obtained at different dosages of FCD. The results in indicates that the OMC increases with increase in FCD content from 25.25% at 3% FCD to 29.5% at 12% FCD. This can be attributed to an increase in fine materials, which requires more water for compaction. Fine materials have the high surface area to volume ratio which absorbs more water. The MDD decreases from 1666 kg/m³ of natural gravel(NEAT) to 1474 kg/m³ at 12% FCD. This can be explained by the more we replace the natural soil with FCD (1420 kg/m³) which is lighter compared to natural soil (1820 kg/m³), thus, the low densities

of the stabilized material. In addition, increase in OMC reduces the densities of the stabilized material as water replaces the fines. With increase in stabilizer (FCD) and increase in OMC it results to the low values of MDD compared to natural gravel.

Effects of FCD on Gravel Soil Strength

California Bearing Ratio

Figure 5 shows the results of the CBR values for seven (7) samples at different dosages of FCD. At 3% FCD CBR values were similar to natural soil (NEAT) of 21%. At 6% FCD, CBR was maximum at 53% and thereafter it dropped with further increase in the dosages of FCD.

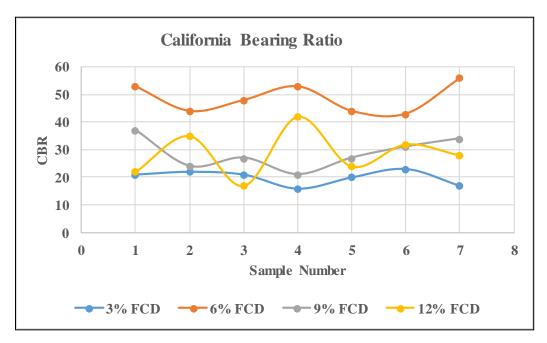
Table 4: Effects of FCD on Gravel Soil Compaction.

Stabilized material	OMC (%)	MDD (kg/m³)	
NEAT	24.47	1666	
3% FCD	25.25	1613	
6% FCD	26.39	1553	
9% FCD	28.31	1532	
12% FCD	29.5	1474	

With 9% FCD, CBR values were lower than 6% FCD but higher than 3% FCD. At 12% FCD, the CBR values were undulating between 3% & 6%, but, it never surpassed 6% FCD. At 3% FCD there is less fibres hence no much binding of the material hence low strength. At increased percentage (6% FCD) there is much binding of the materials hence high strength. With the increased 9% FCD there is

reduction in the natural soil hence low strength as compared to 3% FCD but higher than NEAT. With further increase in FCD (12%) the CBR values are undefined. This is due to much of FCD replacing the natural soil hence low strength. Therefore 6% FCD results into the maximum CBR values while FCD dosages higher than 9% the outcome is undefined.

Figure 5: CBR Values

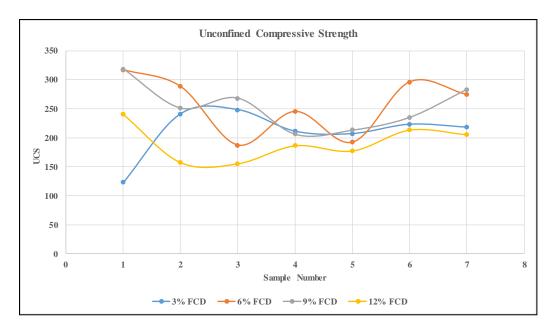


Unconfined Compressive Strength

Figure 6 shows the results of the UCS values for seven (7) samples at different dosages of FCD. The UCS value obtained for natural soil was 207 kN/m². The UCS values increases with the increase in the

FCD content to a maximum of 257 kN/m² at 6% FCD. This can be attributed to the fibres in FCD binding the gravel hence increase in strength. Further increase in FCD content leads to a decrease in UCS. This is due to the increase in the fines from FCD.

Figure 6: UCS Values



CONCLUSIONS AND RECOMMENDATIONS

Conclusions

The mechanical and binding potentials of FCD for Gravel Roads Construction has been investigated. The following are the findings:

- The FCD used contains 31.8% of fibre which contributes to the binding properties of FCD.
- The Index properties of natural soil shows the soil can be classified as A-2-7 according to AASHTO classification.
- The 3 % & 12% soil-FCD mixtures have a similar grading curves, likewise 6% & 9% mixtures.
- The liquid limit and plasticity index increases gradually and decreases with further increase in FCD up to 6%.
- The plastic limit and linear shrinkage increases gradually and decreases with further increase in FCD up to 9%.
- The OMC increases with increase in FCD content from 25.25% at 3% FCD to 29.5% at 12% FCD.
- The MDD decreases from 1666 kg/m³ of natural gravel (NEAT) to 1474 kg/m³ at 12% FCD.
- At 3% FCD, CBR (21%) value is similar to natural soil while, maximum CBR (53%) was obtained at 6% FCD thereafter, further increase in the dosages of FCD resulted to the decrease in CBR. Higher dosages of FCD (12%), the CBR values are undefined.
- The UCS value for natural soil is 207 kN/m². The UCS values increases with the increase in the FCD content to a maximum of 257 kN/m² at 6% FCD. Further increase in FCD content leads to a decrease in UCS.

Recommendations

- It is recommended that we use 6% FCD on natural soil for the stabilization.
- It is recommended to use FCD passing sieve 10 but retained on sieve 5 mm due to high fibre content.
- Scientific studies should be carried out to determine how long the FCD gravel soil would last since the FCD is an organic material, especially in adverse weather conditions i.e., rainy season.
- Scientific studies are recommended to determine the fibre tensile strength of FCD under different traffic loading conditions.
- Pilot studies are required before the utilization of FCD stabilization on gravel roads construction.

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Declaration of Conflict of Interest

There are no conflict of interest

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